

Cover your cough or sneeze with a tissue, then throw the tissue in the trash & wash your hands.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



STOP THE SPREAD OF GERMS

COVID
CORONAVIRUS 19

FOR MORE INFORMATION: WWW.CDC.GOV/COVID19



